

Recovery references organised alphabetically by first named author

Allott, P., Loganathan, L., & Fulford, K. (2003). Discovering hope for recovery. *Canadian Journal of Community Mental Health*, 21(2), 13–34.

Allott P, (2004) *Creating and Inspiring HOPE for Mental Health*. Unpublished draft workbook to support the induction training of Support, Time and Recovery Workers (ask Laurie Davidson)

Allott Piers: NIMHE Fellow for Recovery – introduction to recovery a self-led learning module at
http://www.eastmidlands.csip.org.uk/web_quest_csip/index.html

Andresen, R., Oades, L. and Caputi, P. (2003) Experience of recovery from schizophrenia: towards an empirically validated stage model. *Australian and New Zealand Journal of Psychiatry*; Vo.37, p. 586-594.

Anthony, W. A. (1993) Recovery from mental illness: the guiding vision of the mental health service system in the 1990s. *Psychosocial Rehabilitation Journal*, 16, 4, 11-23.

Anthony, W. A. (2000) A recovery-oriented service system: setting some system level standards. *Psychiatric Rehabilitation Journal*, 24, 2, 159-168

Anthony, W. A. (2003) The Decade of the Person and the Walls that Divide Us. *Behavioural Healthcare Tomorrow*, April, 23-30.
<http://www.bu.edu/cpr/catalog/articles/2003/anthony2003b.pdf>

Baker, S., Strong, S. (2001) *Roads to Recovery: how people with mental health problems recover and find ways of coping*. London: MIND

Baker JA (2002) The Service and illness experiences described by users of the Mood Swings Network. *Journal of Mental Health* 11 (4) 453-463.

Barker P (2001) *The Tidal Model: A radical approach to person-centred care*. *Perspectives in Psychiatric Care*. 37(2)

Barker, P., Campbell, P., and Davidson, B (eds), (1999) *From the Ashes of Experience: Reflections on Madness, Survival and Growth*, London: Whurr Publishers.

Barlow, J. H., et al (2000) Self-management literature review. Psychosocial Research Centre, Coventry University.

Basset T, Repper J, Tooth G and Wilson E (2004) *Cycles of Hope and Hopelessness* (available from <http://www.mhtn.org>)

Bassman R: Consumers/Survivors/Ex-patients as change facilitators (2000). In Frese FJ (Ed): The Role of Organized Psychology in Treatment of the Seriously Mentally Ill. New Directions for Mental Health Services, no. 88. San Francisco, Jossey-Bass, 93-102: Winter

Beale V, Lambric T (1995) The recovery concept: implementation in the mental health system. A report by the community support program advisory committee. Columbus, OH, Ohio Department of Mental Health:1-20

Boardman, J., Robinson, B. (2006) Working to recovery – meaningful occupation and vocational rehabilitation. Chapter * in Enabling Recovery: the principles and practices of rehabilitation psychiatry, edited by G Roberts, S Davenport, F Holloway and T Tattan. London: Gaskell

Borg, M., Kristiansen, K. (2004) Recovery-oriented professionals: helping relationships in mental health services. Journal of Mental Health, 13, 493-505

Bottoms, G. (2001) Angel-head: my brother's descent into madness. London: Headline book publishing

Brandon, D. (1976) Zen in the Art of Helping, London: Arkana.

Brandon, D. (2000) Tao of Survival: Spirituality in Social Care and Counselling, Birmingham: Venture Press.

Brown, C. (Ed.). (2001). Recovery and wellness: Models of hope and empowerment for people with mental illness: Vol. 17. New York: Haworth Press.

Bullock, W et al. (2000) Leadership Education: Evaluation of a Program to Promote Recovery in Persons with Psychiatric Disabilities, Psychiatric Rehabilitation Journal, Vol. 24, No. 1

<http://www.utoledo.edu/psychology/bullockrecoverypaper.html>

Buffington, E. (2003). Wellness Recovery Action Plan: WRAP evaluation, State of Minnesota. Minneapolis, MN: Mental Health Consumer/Survivor Network of Minnesota.

Care services improvement partnership (CSIP) (2006) Pathways to Recovery Paper 1. Core Vision and Values for a Modern Health System. London: Department of Health

Campbell, J., & Schraiber, R. (1989). In pursuit of wellness: The well-being project. Sacramento, CA: Department of Mental Health.

Chadwick, P. (1997) Schizophrenia: The Positive Perspective, London: Routledge.

Chamberlin, J. (1978) On our own: patient controlled alternatives to the mental health system. New York: McGraw-Hill

- Chamberlin, J. (2002). *On our own* (Rev. ed.). Lawrence, MA: National Empowerment Center.
- Clay, S. (1994) *The wounded prophet*. In, *Recovery: the new force in mental health*. Columbus, OH: Ohio Department of Mental Health.
- Chinman M, Kloos B, O'Connell M, Davidson L (2002) Service providers' view of psychiatric mutual support groups. *Journal of Community Psychology* **30** 349-366.
- Coleman, R. (1999) *Recovery: an alien concept*. Gloucester: Hansell Publishing
- Coleman R (2003) *SHIRE Recovery Tools*
- Coleman R, Baker P, Taylor K (2000) *Victim to Victor III, Working to Recovery*. Gloucester, UK Hansell Publishing
- Coleman R, Smith M (2000) *Victim to Victor, Working with Voices*. Gloucester, UK Hansell Publishing
- Cook, J. (2004). Mental illness self-management through wellness recovery action planning. *Mental Health Recovery Newsletter*, 5(3), 6-7.
- Cook, J. The evidence base for WRAP at http://mentalhealthrecovery.com/art_selfmanagement.html
- Cooper, J. M., Clarke, A. (2005) Expert Patients: who are they? Lay-led self-management programmes: an additional resource in the management of chronic illness. <http://www.lmca.org.uk/docs/article.htm>
- Copeland's publications in support of a WRAP based approach to recovery at <http://mentalhealthrecovery.com/articles.html>
- Copeland, M. (1991). *Learning to cope with depression and manic depression*. Brattleboro, VT: Peach Press.
- Copeland, M. (2001). *The depression workbook: A guide to living with depression and manic depression*. Oakland, CA: New Harbinger.
- Copeland, M. E. (2002) Overview of WRAP: Wellness Recovery Action Plan. *Mental Health Recovery Newsletter*, 3(2) 1-9.
- Copeland, M. E. (2004). Self-determination in mental health recovery: Taking back our lives. In J. Jonikas & J. Cook (Eds.), *UIC NRTC's National Self-Determination and Psychiatric Disability Invitational Conference: Conference Papers* (pp. 68-82). Chicago, IL: UIC National Research and Training Center on Psychiatric Disability.
- Copeland, M. (2004). *Taking action: A mental health recovery self-help educational program*. Rockville, MD: Center for Mental Health Services.

Copeland, M., & Mead, S. (2004). Wellness Recovery Action Plan and peer support: Personal, group and program development. Dummerston, VT: Peach Press.

Copeland, M. (2005). Community links: Pathways to reconnection and recovery program implementation manual. Waterbury, VT: Vermont State Department of Mental Health and Mental Retardation.

Copeland, M-E (2006) Contextual Essay - Involuntary Commitment and Recovery: An Innovative Mental Health Peer Support Program (from Glenn)

Copeland, M-E Videos: Wellness recovery Action Planning, the Wellness toolbox, key concepts for mental health all available from <http://mentalhealthrecovery.com>

Corrigan, P et al (1999) Recovery as a psychological construct. Community mental health journal, 135, 3, 231-239

Corrigan, P. et al (2002) Some recovery processes in mutual-help groups for persons with mental illness; 1: Qualitative analysis of programme materials and testimonies. Community Mental Health Journal, 138, 4, 287-301

Crane, H. (2003) Depression. Doctors as patients. British Medical Journal, 326, 1324-5.

Culloty S A project evaluating trainee's experiences of implementing a recovery focused tool (WRAP) into mental health services in South Tynside
By Tonia Culloty (from Glenn)

Curtis, L. (1997) New Directions: International Overview of Best Practices in Recovery and Rehabilitation Services for People with Serious Mental Illness - A Discussion Paper Center for Community Change, Trinity College of Vermont, VT, Canada, & Mental Health Commission ,Wellington ,New Zealand. [Online] Available: <http://www.mhc.govt.nz/pages/publications.htm>

Davidson, L. (2003) Living outside mental illness: qualitative studies in recovery in schizophrenia. New York: New York University Press

Davidson, L. Stayner, D. Nickou, C. Styron, T. Rowe, M. and Chinman, M. (2001) "Simply To Be Let In" : Inclusion as a Basis for Recovery. Psychiatric Rehabilitation Journal, 24, 375-388

Davidson, L., O'Connell, M., Tondora, J., et al (2006) The Top Ten Concerns About Recovery Encountered in Mental Health System Transformation. Psychiatric Services, 57, 640-645

Davidson, L., Strauss, J. (1992) sense of self in recovery from severe mental illness. British Journal of Medical Psychology, 65, 131-145

- Davidson, L., Strauss, J. (1995) Beyond the biopsychosocial model: integrating disorder, health and recovery. *Psychiatry*, 58, 44-55.
- Davidson, L et al (2006) letter of reply to Dickerson (2006)
<http://psychservices.psychiatryonline.org/cgi/content/full/57/10/1510-a>
- Davidson, L. (2005) *Recovery, Self Management and the Expert Patient*.
Journal of Mental Health Vol 14 Number 1 Feb 2005
- Deegan, P. E. (1988) Recovery: the lived experience of rehabilitation.
Psychosocial Rehabilitation, Journal, 11, 4, 11-19
- Deegan PE: The independent living movement and people with psychiatric disabilities: taking back control of our won lives. *Psychosocial Rehabilitation Journal*.15:3-19, 1992
- Deegan, P. (1996) Recovery as a journey of the heart. *Psychiatric Rehabilitation Journal*, 19, 3, 91-97
- Deegan P (2001) Recovery as a self directed process of healing and transformation. *Occupational Therapy in mental health*. 17, 3/4, 5-21
- Deegan, G. (2003) Discovering Recovery. *Psychiatric Rehabilitation Journal*, Vol 26 no 4 pp 368- 376 <http://www.bu.edu/prj/spring2003/DeeganPRJ264.pdf>
- Department of Health (2000) Mental Health Policy Implementation Guide. Support time and recovery workers www.doh.gov.uk/mentalhealth/htm
- Department of Health (2001) Shifting the balance of power within the NHS: Securing delivery. London: Department of Health. Also at www.doh.gov.uk/shiftingthebalance
- Department of Health (2001) The Journey to Recovery – the governments vision for mental health care available from DoH publications, PO 777, London SE1 6XH, or via doh@prolog.uk.com also on the web at: www.doh.gov.uk
- Department of Health (2001) The Expert Patient: a new approach to chronic disease management for the 21st centenary. London: Department of Health. Free from PO box 777, London SE1 6XH.
- Department of Health (2003) Copying Letters to Patients. Good practice guidelines. From DoH publications or via www.doh.gov.uk/patient_letters/issues.htm
- Department of Health (2005) Supporting people with long term conditions: an NHS and Social Care model to support local innovation and integration. London: HMSO

Department of Health (2006) From values to action: The Chief Nursing Officer's review of mental health nursing. London: HMSO

Department of mental health and addiction service Connecticut: Recovery Guide: (and from Glenn)
Dinnis, S., Roberts, G.,

Diane T. Marsh, D. (2000) Personal accounts of consumer/survivors: Insights and implications. *Journal of Clinical Psychology*. Volume 56, Issue 11, 2, 1447-1457

Dickerson F (2006) Disquieting aspects of the recovery paradigm. *Psychiatric Services* 57:647

Dixon, L (2000) Reflections on recovery. *Community mental health journal*, 36, 4, 443-446

Downes J (2001) *Starting and Supporting Hearing Voices Groups*. Hearing Voices Network.

Drake, R. Becker, D. & Bond, G. (2003) Recent Research on Vocational Rehabilitation for Persons With Severe Mental Illness
Current Opinion in Psychiatry, Vol.16 no.4, pp.451-455,
http://www.medscape.com/viewarticle/457726_print

Expert Patients Programme <http://test.nhsepp.org/public/default.aspx>

Fallon, I. R. H., Montero, I., Sungar, M., Mastroeni, A., Malm, U., Economou, M., Grawe, R., Harangozo, J., Mizuno, M., Murakami, M., Hager, B., Held, T., Veltro, F., Gedye, R., and the OTP Collaborative Group (2004)
Implementation of evidence-based treatment for schizophrenic disorders: two year outcome of an international field trial of optimal treatment. *World Psychiatry*, 3, 2, 104-109.

Faulkner, A. (2004) *Ethical Conduct of Research Carried Out By Mental Service Users and Survivors*. Bristol, UK: Policy Press.

Faulkner, A. (2000) *Strategies for living: a report of user-led research into people's strategies for living with mental distress*. London: The Mental Health Foundation. Also at mhf@mentalhealthfoundation.org.uk

Faulkner A, Thomas P (2002) User-led research and evidence-based medicine. *British Journal of Psychiatry* **180** 1-3.

Fisher D and Aherne L (1999) People can recover from mental illness.
<http://www.power2u.org/recovery/people-can.html>

Fisher, D. (2001) We've been misled by the Drug Industry. *Washington Post*, August 19th . Also at www.power2u.org

Frese FJ (1998) Advocacy, recovery, and the challenges for consumerism for schizophrenia. In P. Buckley (Ed.) *The Psychiatric Clinics of North America*. 233-249

Frese, F., Stanley, J., Kress, K. (2001) Integrating Evidence-based practices and the recovery model. *Psychiatric Services*, November 2001, vol. 52, no. 11, pp. 1462-1468.

Gartner, A., & Riesmann, F. (1982). Self help and mental health. *Hospital and Community Psychiatry*, 154, 478–485.

Gartner A (1979) The pro's con's and pitfalls of 'self-help' rehabilitation programmes. *Social Science and Medicine* **13** (A) 113-121.

Gordon, S. Ellis, P. Haggerty, C. Pere, L. Platz, G. McLaren, K. (2004) Preliminary Work Towards the Development of a Self-Assessed Measure of Consumer Outcome. Auckland, New Zealand, Health Research Council of New Zealand

Granger DA (1994) Recovery from mental illness: a first person perspective of an emerging paradigm. in *Recovery - The New Force in Mental Health*. Ohio Department of Mental Health. Columbus, OH: 1-16

Griffin, J. and Tyrell, L (2003) 'Human givens: a new approach to emotional health and clear thinking', East Sussex, Hg Publising and www.humangivens.com

Griffiths KM, Jorm AF, Christensen H (2004) Academic consumer researchers: a bridge between consumers and researchers. *Australian and New Zealand Journal of Psychiatry* **38** (4) 191-196.

Harding, C. M., Brooks, G. W., Asolaga, T. S. J. S., Breier, A. (1987) The Vermont longitudinal study of persons with severe mental illness, 1 Methodological study sample and overall status 32 years later. *American Journal of Psychiatry*, 144, 718-726.

Harrison, G., Mason, P. (1993) Schizophrenia – falling incidence and better outcome? *British Journal of Psychiatry*, 163, 535-541

Harrison, G., Hopper, K., Craig, T., Laska, E., Siegel, C., Wanderling, J., Dube, kK. C., Ganey, K., Giel, R., An Der Heiden, W., Holmberg, S. K., Janca, A., Lee, P. W. H., Leon, C. A., Malhotra, S., Marsella, A. J., Nakane, T., Sartorius, N., Shen. Y., Skoda, C., Thata, R., Tsirkin, S. J., Varma, V. K., Walsh, D., Wiersma. (2001) Recovery from psychotic illness: a 15 and 25 year international follow up study. *British Journal of Psychiatry*, 178, 506-517

Henderson, C., Flood, C., Leese, M., et al (2004) Effect of joint crisis plans on use of compulsory treatment in psychiatry: a single blind randomised controlled trial, *BMJ*, 329, 136.

Hill GR, Hardy P, Sheppard G (1996) Perspectives on Manic Depression: A Survey of the Manic Depression Fellowship. London: Sainsbury Centre for Mental Health.

Ikkos, G (2005) Mental Health Services Users Involvement: teaching doctors successfully, Primary Care Mental Health, 3(2), 139-144.

Ikkos, G. (2003) Engaging Patients/ users as Teachers of Interview Skills to New Doctors in Psychiatry, Psychiatric Bulletin, 27:312-315.

Involving users and carers in services and co-working : Principles of participation leaflet 2006

At <http://www.gsc.org.uk/About+us/Joint+publications/>

Jacobson, N., Altenberg, J., Barnes, J., cusson, R., Rowley, V., McKinnon, B. (2005) Recovery in community: Using participatory action research to explore recovery with alternatives. Canadian Journal of Community Mental Health, 24,2, 85-97

Jacobson N, Greenley D: What is recovery? A conceptual model and explication. Psychiatric Services 52:482-485, 2001

<http://ps.psychiatryonline.org/cgi/content/full/52/4/482>

Jacobson, N, Curtis, L. (2000) Recovery as Policy in Mental Health Services: Strategies Emerging from the States, Psychiatric Rehabilitation Journal, Vol. 23, No. 4, <http://www.bu.edu/prj/spring2000/jacobson.html> (abstract only online)

Jamison, K. R. (1995) An unquiet mind: a memoir of moods and madness. New York: Alfred A Knopf.

Jones, R. Chesters, J. & Fletcher, M. (2003) Make yourself at home: People living with psychiatric disability in public housing

International Journal of Psychosocial Rehabilitation. Vol.7, 67-79.

http://www.psychosocial.com/IJPR_7/make_home.html

Kaplan, B. (1964) The inner world of mental illness: a series of first person accounts. New York: Harper and Row

Keepwell

<http://www.keepwell.co.nz/default.aspx?AspxAutoDetectCookieSupport=1>

Klieman, A. (1988) The illness narratives: suffering, healing and the human

Krumm S, Becker T (2006) User involvement in Mental Health Services Research. Psychiatrische Praxis 33(2) 59-66.

Lapsley, H., Waimarie, L. N., Black, R. (2002) *Kia Mauri Tau!: Narratives of Recovery from Disabling Mental Health Problems*. Wellington: Mental Health Commission.

Leete, E. (1989) How I perceive and manage my illness. *Schizophrenia Bulletin*, 8, 605-609.

Leibrich, J. (1999) *A gift of stories: discovering how to deal with mental illness*. New Zealand: University of Otago Press

Leibrich, J. (2001) Making space: spirituality and mental health> the Mary Hemingway Rees Memorial Lecture, World Assembly for Mental Health, Vancouver, <http://mhcweb.org/Articles?worldCongress2001JLeibrich.htm>

Lester, H., Gask, L. (2006) Delivering medical care for patients with serious mental illness or promoting a collaborative model of recovery. *British Journal of Psychiatry*, 188, 401-2

Lewis G. (2002) *Sunbathing in the Rain. A Cheerful Book about Depression*. Flamingo

Liberman, R. P. Kopelowicz, A. (2002) Recovery from schizophrenia: a challenge for the 21st Century. *International Review of Psychiatry*, 14, 245-255 (and associated papers – whole issue)

Liberman, R., Kopelowicz, A. (2005) Recovery from schizophrenia: a concept in search of research. *Psychiatric Services*, 56, 735-42

Sullivan P: Recovery from schizophrenia: what we can learn from the developing nations. *Innovations & Research In Clinical Services, Community Support, and Rehabilitation* 3(2):7-15, 1994

Lehmann, P. (2001) Coming off Neuroleptics, in C. Newnes., G. Holmes., and C. Dunn (eds), *This is Madness Too: Critical Perspectives on Mental Health Services*, Ross-on-Wye: PCCS Books.

Lindow, V. (1994) *Self-help Alternatives to Mental Health Services*, London: MIND.

Long-term Medical Conditions Alliance www.lmca.org.uk

Lovejoy, M. (1984) Recovery from Schizophrenia: a personal Odyssey. *Hospital and Community Psychiatry*, 35, 809-812.

Lunt A (2000) Storytelling. How nonconsumer professionals can promote recovery. *Journal of psychosocial nursing*, 38, 7, 43-45.

Lunt A (2002) A theory of recovery. *Journal of psychosocial nursing and mental health services*. Dec, 40, 12, 32-39

Lunt A (2000) Recovery: moving from concept towards theory. Psychiatric rehabilitation journal. Spring, 23, 4, 401-404

MacDonald-Wilson, K. L., Rogers, E. S., & Lyass, A. (2003) Identifying functional limitations in work for people with psychiatric disabilities. Journal of Vocational Rehabilitation, Vol.18 no.1, 15-24
<http://www.bu.edu/cpr/catalog/articles/2003/macwils2003.pdf>

MacNeil, C. (2001). Working in partnership. Albany, NY: The New York Association of Psychiatric Rehabilitation Services.

McNulty, K. (2002). Peer to peer. Alexandria, VA: National Alliance for the Mentally Ill.

Manic Depressive Fellowship self-help resources www.mdf.org.uk ,
smt@mdf.org.uk

Martyn, D. (2003) ÆRunning my Own Life,, Mental Health Today, June, pp 24-7. (also David Martyn's self-management reports on the Rethink website).

Mary Ellen Copeland (WRAP) www.mentalhealthrecovery.com

May, R. (2003) Understanding Psychotic Experience and Working towards Recovery, Chapter in Psychological Interventions in Early Psychosis, ed. McGorry, P. and Gleeson J., Wiley.

McGorry, P. D. (1992) The concept of recovery and secondary prevention in psychotic disorders. Australian and New Zealand Journal of Psychiatry, 26: (3-17)

McInyre L WRAP Around New Zealand article by Leo. L. McIntyre, Victoria University of Wellington (unpublished – from Glenn)

Mead, Hilton & Curtis (2001) Peer Support: A Theoretical Perspective. Psychiatric Rehabilitation Journal, 25, 134-141

Mead, S. (2005). Intentional peer support: An alternative approach. Plainfield, NH: Mead. Contact at shery@mentalhealthpeers.com

Measuring the Promise: A Compendium of Recovery Measures Volume II. At http://www.tecathsri.org/pub_pickup/pn/pn-55.pdf

Medscape Psychiatry & Mental Health (2005) An Empowerment Model of Recovery From Severe Mental Illness: An Expert - Interview With Daniel B. Fisher, MD, PhD [Online] Available: <http://mp.medscape.com>

Mental Health Commission(1998). Blueprint for Metal Health Services in New Zealand- How Things *Need to Be*. Wellington, NZ: Mental Health Commission.

Mental Health Act Commission (2005). Te Tahuhu- Improving Mental Health 2005-2015. The Second New Zealand Mental Health and Addiction Plan. Wellington , NZ:

Mental Health Commission, (2004) Our Lives in 2014 – A Recovery Vision From People With Experience of Mental Illness Wellington, NZ: Author

Mental Health Commission, (2005) Service User Workforce Development Strategy for the Mental Health Sector 2005-2010 Wellington, NZ:Author.

Mental Health Commission (2005) A vision for a recovery model in Irish Mental Health Services. MHC: Dublin

Mental Health Foundation (2002) Something inside so strong: strategies for surviving mental distress. London: Mental Health Foundation

MIND (2005) Making sense of coming off psychiatric drugs.
www.mind.org.uk/NR/rdonlyres/62EBF683-E845-459C-914E-BFF57556737C/0/comingoffpsychdrugs2005.pdf

Mulligan, K. (2003) Recovery Movement Gains Influence In Mental Health Programs Psychiatric News, 38, January 3 p10. American Psychiatric Association. [Online] Available:
<http://pn.psychiatryonline.org/cgi/content/full/38/1/10>

Munetz MR, Frese FJ: Getting ready for recovery: reconciling mandatory treatment with the recovery vision. Psychiatric Rehabilitation

Mueser KT, Hilton DW, Schaub A, Essock SM, Vogel-Scibilia, S (2002) Illness Management and Recovery: A Review of the Research. Journal of Psychiatric Services **53**1272-1284.

National Empowerment Center (US) www.power2u.org

National Institute of Mental Health England (2004) Emerging best practices in mental health recovery. London: NIMHE

National Institute of Clinical Excellence (2002) Clinical Guideline 1 Schizophrenia: core interventions in the treatment and management of schizophrenia in primary and secondary care. At www.nice.org.uk or available free from NHS Response Line 0870 1555 455 quoting reference number NO176.

Nasar, S. (1998) A beautiful mind. London: Faber and Faber Ltd.

Nelson, G. Ochocka, J. Lauzon, S. & Trainor, J. (2004) A Longitudinal Study of Consumer/Survivor Initiatives (CSI's) in Community Mental Health in New

Nelson Portia (1994), *There's a Hole in My Sidewalk: The Romance of Self-Discovery*. [Beyond Words Publishing Company](#), ISBN: 0941831876

New Freedom Commission on Mental Health (2003). *Achieving the Promise: Transforming Mental Health Care in America*. Final Report. Rockville, MD: DHHS Pub

New Zealand Mental Health Commission www.mhc.govt.nz , email info@mhc.govt.nz

New Zealand Mental Health Commission (2000) *Recovery Series One: Four Maori korero about their experiences of mental illness*. Wellington: Mental Health Commission. Also available on www.mhc.govt.nz

Nicholls, V (ed), (1999) *The Courage to Bare our Souls*, London: The Mental Health Foundation

NHSU (2005) *The Ten Essential Shared Capabilities: Learning pack for mental health practice*. Note: NHSU has been incorporated in the NHS Institute for Innovation and Improvement who will carry this programme. www.nhsu.nhs.uk

North, C. (1988) *Welcome, Silence: my triumph over schizophrenia*. London: Simon and Schuster

Ochocka J, Janzen R, Nelson G (2002) *Sharing power and knowledge: professional and mental health consumer/survivor researchers working together in a participatory action research project*. *Psychiatric Rehabilitation Journal* **25** 379-387.

Office of the Deputy Prime Minister (2004) *Mental Health and Social Exclusion. Social Exclusion Unit Report*. London: the Office of the Deputy Prime Minister.

O'Hagan, M. (2001) *A call to Open the Door: A psychiatric disability perspective on 'rethinking care'* World Network of Users and Survivors of Psychiatry, <http://www.wnusp.org/docs/rethink.html>

Ohio State: *guiding principles of the recovery model and outcomes* <http://www.mh.state.oh.us/oper/outcomes/outcomes.index.html>

Onken, Steven et al. (2002) *Mental Health Recovery: What Helps and What Hinders?* National Association of State Mental Health Program Directors and National Technical Assistance Center for State Mental Health Planning (108p.)
<http://www.nasmhpd.org/ntac/reports/index.html>
or: <http://www.nasmhpd.org/ntac/reports/MHSIPReport.pdf>

Oybode

Working for recovery: community support training manual – the Ohio Dept of mental health 2003

Onken, Dumont, Rigeway, Dorman and Ralph Mental Health recovery: what helps and what hinders? A national research project for the development of recovery facilitating systems performance indicators – 2002 and 2004 report Update on ROSI (the recovery oriented systems indicators)

Ontario: Individual-level and System-level Activities and Impacts – Summary Bulletin [Online] Available:
<http://www.crehs.on.ca/downloads/csi%20summary%20bulletin%202004.pdf>

Pearpoint, J., O'Brien, J., & Forest, M. (1993). *PATH: A workbook for planning positive futures*. Toronto: Inclusion Press.

Polkinghorne, D. (1988) *Narrative knowing and the human sciences*. Albany, NY: State University of New York Press.

Pomeroy, E. Trainor, J. & Pape, B (2002) Citizens Shaping Policy: The Canadian Mental Health Association's Framework for Support Project. *Canadian Psychology*, Vol. 43 no1, p 11–20

Rakfeldt, J., Strauss, J. (1989) The low turning point. A control mechanism in the course of mental disorder. *The Journal of Nervous and Mental Disease*, 177, 1, 32-37

Ralph RO (1999) The Recovery Advisory Group model of recovery (powerpoint show). Available: <http://www.mhsip.org/recovery/>.

Ralph, R. (2000). Recovery. *Psychiatric Rehabilitation Skills*, 4, 480–517.

Ralph, R. O., Kidder, K., Phillips, D. (2000) Can we measure recovery? A compendium of Recovery and Recovery-related instruments. The Evaluation Centre@HSRI <http://tecathsri.org/org/toolkits.asp>

Ralph, R. O., Lambert, D., Kidder, K. A. (2002) The recovery perspective and evidence-based practice for people with serious mental illness: a guideline developed for the Behavioural Health Recovery Management project. <http://bhrm.org/guidelines/mhguidelines.htm>

Ralph R and Corrigan P (2005) *Recovery in Mental Illness: Broadening our understanding of wellness*. Washington: American Psychological Association.

Ramsey, R., Page, A., Goodman, T., Hart. (2003) *Changing Minds: our lives and mental illness*. London: Gaskell

Rappaport, J. (1993). Narrative studies, personal stories, and identity transformation in mutual help context. *Journal of Applied Behavioral Science*, 29, 239–256.

Repper, J., Perkins, R. (2003) *Social Inclusion and Recovery*. London: Bailliere Tindall

Resnick, S. Fontana, A. Lehman, A & Rosenheck, R (2005). An empirical conceptualization of the recovery orientation, *Schizophrenia Research*, 75, 119– 128

Ridge, D., Ziebland, S. (2006) 'The old me could never have done that' How people give meaning to recovery following depression. *Qualitative Health Service Research*, 16, 8, 1038-53

Ridgeway, P. A. (2000) Re-storying psychiatric disability: learning from first person narrative accounts of recovery. *Psychiatric Rehabilitation Journal*, 24, 4, 335-343.

Ridgeway, P. A., Press, A. (2004) *Assessing the recovery-commitment of your mental health service: a user's guide for the Developing Recovery Enhancing Environments Measure (DREEM) UK pilot version 1*. Further information from Piers.Allott@eastmidlands.csip.nhs.uk and Hugh.Middleton@eastmidlands.csip.nhs.uk .

Roberts, G and Holmes J (1999) *Healing Stories*. Oxford: Oxford University Press

Roberts, G. A. (2000) *Awakening; the complexity of recovery*. Clozaril Newsletter

Roberts, G. A. (2000) Narrative and severe mental illness: what place do stories have in an evidence based world? *Advances in Psychiatric Treatment*, 6, 432-441.

Roberts, G., Wolfson, P. (2004) The rediscovery of recovery: open to all. *Advances in Psychiatric Treatment*, 10, 37-49

Roberts, G., Davenport, S., Holloway, F., Tattan. (2006) *Enabling Recovery: The Principles and Practice of Rehabilitation Psychiatry*. London: Gaskell see: <http://www.rcpsych.ac.uk/publications/gaskellbooks/gaskell/1904671306.aspx>

Roberts, G. A., Wolfson, P (2006) New directions in rehabilitation - Learning from the recovery movement. Chapter 3 in, *Enabling Recovery: the principles and practices of rehabilitation psychiatry*, edited by G Roberts, S Davenport, F Holloway and T Tattan. London: Gaskell

Rogers, J., & Rogers S. (2004). Self-determination for people with psychiatric disabilities: Personal obstacles and facilitators. In J. Jonikas & J. A. Cook (Eds.), *UIC NRTC's National Self-Determination and Psychiatric Disability*

Invitational Conference: Conference Papers (pp. 7-23). Chicago, IL: UIC National Research and Training Center on Psychiatric Disability.

Romme, M., and Escher, S. (1993) *Accepting Voices*, London: MIND.

Romme, M., Escher, S. (2002) *Making sense of voices: a guide for mental health professionals working with voice hearers*. London: Mind Publications

Rose D (2001) *Users' voices: The perspectives of mental health service users on community and hospital care*. London: Sainsbury Centre for Mental Health.

Royal College of Psychiatrists Council Reports no 121 (2004) *Rehabilitation and Recovery Now*

Royal College of Psychiatrists (2005) *Partners in Care Campaign*, at www.rcpsych.ac.uk/campaigns/pinc/

Salzer MS, Rappaport J, Segre L (2001) Mental health professionals' support of self-help groups. *Journal of Community and Applied Social Psychology* **11** 1-10.

Sayers, P. (1989) *The comforts of madness*. London: Sceptre.

Schizophrenia anonymous – a non-affiliated self-help group for people with a diagnosis of schizophrenia and a belief in recovery for all – 160 groups in 31 US states and other countries

<http://www.schizophrenia.com/help/Schizanon.html>

Schizophrenia Self-management Project (Rethink)

<http://www.rethink.org/recovery/>

Scottish Recovery Network www.scottishrecovery.net

Scottish Recovery Network *Recovery – oriented practices index (ROPI) draft* (or from Glenn)

Solomon, P., & Draine, J. (2001). The state of knowledge of the effectiveness of consumer provided services. *Psychiatric Rehabilitation Journal*, 25, 20–27.

Rights, Relationships and Recovery: The report of the National Review of Mental Health Nursing in Scotland (2006)

Slade. Mike talks to Raj Perseud about the recovery model

<http://www.psychiatrycpd.co.uk/learningmodules/podcasts.aspx>

Solomon, P. (2004). Peer support/peer provided services underlying processes, benefits, and critical ingredients. *Psychiatric Rehabilitation Journal*, 27, 392–401.

Somerset Spirituality Project Research Team and Nicholls, V (2002). *Taken Seriously: The Somerset Spirituality Project*. London: The Mental Health Foundation.

Straughan HJ, Buckenham MA (2006) The effectiveness of "In-Sight": a user-led lifestyle development group training programme for people with bipolar disorder. *Journal of Public Mental Health*, volume 5, issue 3 p. 28-41.

Straughan HJ (2007) Influencing Change: User or Researcher? Elitism in Research, chapter 13 in *This is Survivor Research*¹. Beresford P, Faulkner A, Nettle M, Rose D & Sweeney A (eds). Supported by the Mental Health Foundation for PCSS Books, London. Publication date: Spring 07.

Strauss, J (1994) The person with schizophrenia as a person II: approaches to the subjective and complex. *British Journal of Psychiatry*, 164 (Suppl. 23) 103-107

Tait, L., Birchwood, M., Trower, P. (2003) Predicting engagement with services for psychosis: insight, symptoms and recovery style. *British Journal of Psychiatry*, 182, 123-8.

Te Puni Kōkiri (2001) *He Tirohanga o Kawa ki te Tiriti o Waitangi: A Guide to the Principles of the Treaty of Waitangi*, Wellington, NZ: Author.

Tew, J. (2005) Ed. *Social perspectives in mental health: developing social models to understand and work with mental distress*. London: Jessica Kingsley Publications

Tooper, A. et al (2006) Others: the role of family, friends and professionals in the recovery process. *American journal of psychiatric rehabilitation*, 9, 17-37

Trainor, J., Shepherd, M., Boydell, K.M., Leff, A., & Crawford, E. (Fall 1997). Beyond the Service Paradigm: The Impact and Implications of Consumer/Survivor Initiatives. *Psychiatric Rehabilitation Journal*, 21, 132-140.

Trimbos-institute 'Stories of recovery - Working together towards experiential knowledge in mental health care'
<http://www.enusp.org/trimbos-recovery.pdf> European Network of (ex-)Users and Survivors of Psychiatry: <http://www.enusp.org>

Tuke, S. (1813) *Description of the Retreat*. Reprinted, with an introduction by Kathleen Jones, 1996. London: Process Press

Turner, D (2001) *Wild Geese: Recovery in NSF*, unpublished, internal report for Rethink

Turner-Crowson J and Wallcraft J (2002) the recovery vision for mental health services and research: a British Perspective. *Psychiatric Rehabilitation Journal*, 25, 3, 245-254

Unzicker, R. (1989) On my own: a personal journey through madness and re-emergence. *Psychosocial Rehabilitation Journal*, 13, 1, 70-77.

US Department of Health and Human Service (2006) National consensus statement of mental health recovery, Washington: substance abuse and mental health service administration

Vermont Recovery Education Project. (n.d.). Retrieved June 21, 2004, from <http://www.mentalhealthrecovery.com/vtrecovery.html>

Vogel H, Knight E Laudet A and Magura S (1998) Double troubler in recovery. Self help for people with dual diagnosis. *Psychiatric rehabilitation journal*, 21, 4, 356-364

Wallcraft, J. (2005) Recovery from mental breakdown. Ch 11 in *Social perspectives in mental health: developing social models to understand and work with mental distress*. Ed Jerry Tew, London: Jessica Kingsley Publications

Walsh, D. (1996). A journey toward recovery: From the inside out. *Psychiatric Rehabilitation Journal*, 20. 87.

Warner, R. (1994) *Recovery from Schizophrenia: Psychiatry and political economy* (2nd ed). New York: Routledge.

A user and providers perspective of the implementation of WRAP plans in stoke-on-trent by Jackie Williamson (from Glenn)

Whitwell, D. (1999) The myth of recovery from mental illness. *Psychiatric Bulletin*, 23, 621-622.

Whitwell, D. (2005) *Recovery beyond psychiatry*. London: Free Association Books

Whole Life: a CSIP workstream hosted by Eastern Region at: <http://www.eastern.csip.org.uk/our-work/whole-life.html>

Whole Life – whole systems: a charter for action – draft 5 (from Glenn)

Woodbridge K, Fulford KWM (2004) 'Whose values?' A workbook for values-based practice in mental health care. London. Sainsbury Centre for Mental Health.

WRAP Video learning resources from <http://mentalhealthrecovery.com/shop/index.php>

Young, S., Ensing, D. (1999) Exploring Recovery from the perspective of people with psychiatric disabilities. *Psychiatric rehabilitation journal*, winter, 22, 3, 219-231

