

DATE(S):

Your choice
Subject to tutor
availability

Venue:

Your venue or our
Exeter Centre

Times:

9:30 to 12:30pm
or 1:30 to 4:30pm

**Taught by
qualified teachers**

Cost:

£200 = ½ day
£400 = full day
plus travel

Session Level:

2

Entry
Level = Pre-GCSE
Level 1 = GCSE D to G
Level 2 = GCSE A to C
Level 3 = A Level
Standard

Learners:

Max 25

For further
information about
any of our
Learning and
Development
opportunities, please
do not hesitate to
contact us.

Organisational Sessions

We have a range of organisational sessions helping you to meet your organisational and staff needs.

If there is a session you'd like that isn't listed below, please do let us know and we'll see what we can organise:

First Aid for Appointed Persons - This is a very practical half day workshop which covers: Role of the Appointed Person; Health and Safety Regulations in relation to First Aid; Principles of First Aid; Primary Survey; Secondary Survey; Care of the Conscious Casualty; Care of the Unconscious Casualty; Resuscitation and CPR; Signs, symptoms and treatment of some of the common conditions occurring within the workplace. A certificate of completion and competency is awarded on completion of this workshop. Numbers are kept small to enable learners to get the most from the workshop. This workshop is taught by a qualified nurse with extensive first aid knowledge.

Fire Awareness - Current regulations require that all staff attend a fire awareness workshop each year to ensure they are up to date and competent to decide when to operate fire extinguishers. This is a very practical workshop using a variety of fire extinguishers and fire blanket on real fires, a DVD is also used to enhance the workshop which lasts 2 to 2½ hours, leading to a certificate for those who are deemed competent. This workshop is delivered in partnership with Fire Watch, a local company specialising in Fire Safety. www.firewatchsouthwest.co.uk

Safeguarding Adults - This workshop is essential for those working with "Vulnerable Adults" - which include people with learning difficulties; mental health & the elderly. This workshop can be delivered as either a half-day or full-day workshop and helps to make your staff understand their responsibilities for reporting incidents and abuse which can be physical, financial, emotional or sexual. You will identify abuse, what your responsibilities are, how to preserve the scene and support someone who has been abused. Upon completion of this workshop, you will receive a certificate of competence. This workshop will also cover the new ISA (Independent Safeguarding Association) requirements.

Health and Safety - Workplace injuries cost employers lots of money in lost working days. Our 1 day workshop covers key facts in three areas that will help to ensure your staff are competent and covers Health and Safety legislation; Food Hygiene and Manual Handling. A certificate is awarded upon completion of the workshop and for meeting the standard required in a short questionnaire at the end of the workshop.

Breakaway - This 1 day workshop is designed to enable staff to practice & develop skills to defend themselves against a physical assault. The session starts by looking at the legal aspects of using physical force in order to defend yourself or others, the second part looks at learning and practicing the practical skills of breakaway and self-defence. The techniques taught easy to remember and put into practice if you ever need to. This session is taught by a teacher who has had to put the techniques in to practice and will use real life experiences to support the delivery of this workshop