

DATE(S):

R1015 - 29 January
5,12,19 February,
5,12,19 March
& 2 April 2010

Venue:

PH EW Centre
52 Bartholomew Street,
Exeter EX4 3AJ

Times:

10am to 4pm

Cost:

£75.00
£20.00 (concession)

Lead Teacher:

Georgina Couch

Course Level:

2

Entry

Level = Pre-GCSE
Level 1 = GCSE D to G
Level 2 = GCSE A to C
Level 3 = A Level
Standard

This course is an accredited, course and there will be criteria that you need to meet in order to attain the qualification. You will need to also meet certain Learning Skills Council requirements in order for us to draw down the funding for your place. You will be asked to complete a form saying that you will pay any money we are unable to draw down by your not meeting the criteria.

Mental Health Course

This course is ideal for anyone looking to gain a national qualification in mental health at level 2. It will also give anyone looking to do the Level 3 Certificate in Mental Health Care a great start to that course.

During this course, we will work on six modules:

- Understanding Mental Health;
- Recognising Issues of Substance Misuse;
- Understanding Eating Disorders;
- Understanding Prejudice and Discrimination;
- Understanding Stress and Stress Management Techniques;
- Understanding Active Citizenship in the Local Community

During this 8 day course, there will be lots of opportunities to discuss and explore topics in depth to help them in their work with / support people with a lived experience.

The course is very interactive and uses a wide range of teaching and learning styles.

All participants will need to have some time available between sessions to complete the criteria. The amount of time depends on knowledge and ability, but is estimated to be 3 to 4 hours a week.

After the course, there will be six weeks to work on your portfolio and submit it for assessment. During this time, you will be given support by the tutor to meet the criteria.

On completion of the course, learners who meet the criteria, will be awarded the Mental Health Level 2 certificate and a Level 2 Certificate in Progression.

This course can be used as a springboard in to working within the mental health sector.

For further information about any of our Learning and Development opportunities, please do not hesitate to contact us.